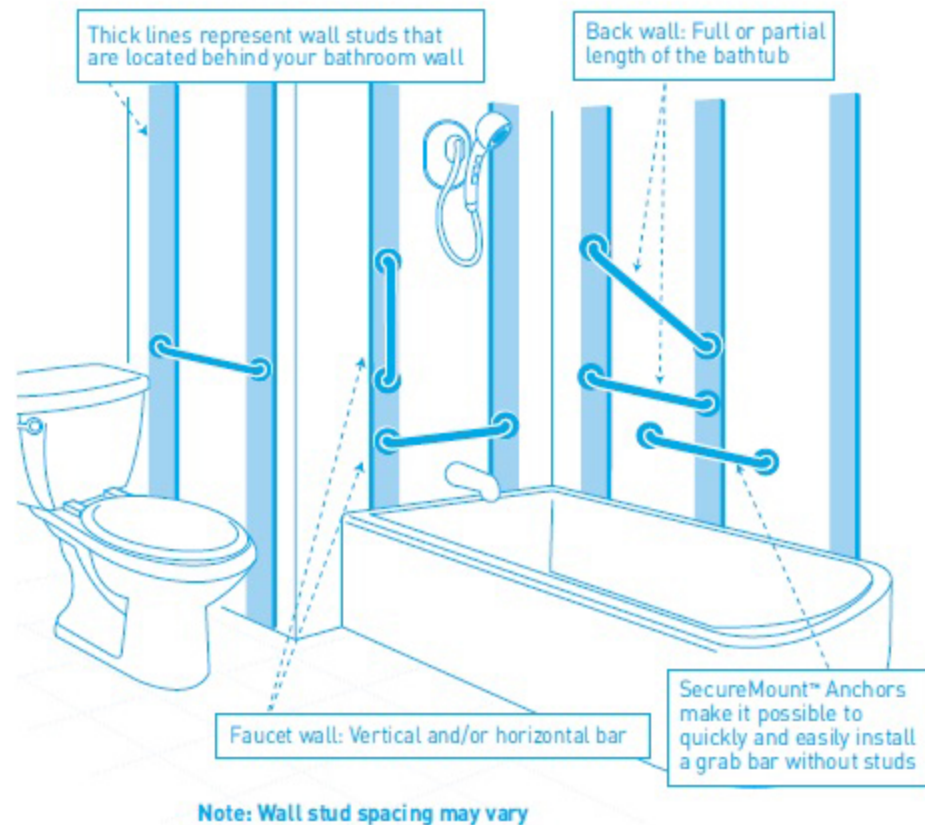


Grab Bar Buying Guide



Triple Your Safety.

It is recommended that bathrooms be equipped with grab bars in the tub, by the toilet and in transition.

Who Should Use Grab Bars?

Everyone! People of all ages and abilities can benefit from using grab bars.

What Can A Grab Bar Do For You?

- Reduce your risk of falling in the tub or shower.
- Help you steady yourself while getting into and out of the bathtub or shower.
- Assist in safely lowering and raising yourself from a seated position.

How Many Grab Bars Do I Need And Where Should They Be Installed?

Health professionals typically recommend three grab bars in a bathroom:

- At least one along the back wall in the bathtub or shower.
- At least one along the showerhead wall or whichever end of the tub/shower you use to enter/exit.
- At least one near the toilet.

Things To Consider When Selecting Your Grab Bar(s):

- **Length:** Select a grab bar that is the suitable length for your bath or shower area.
- **Finish:** Consider a grab bar that matches your faucet and other fixtures.
- **Weight Capacity:** Choose a grab bar that at least meets ADA requirements (250 lb.); SecureMount™ Grab Bars have a 500 lb. weight-pull capacity that exceeds ADA requirements (when securely installed per instructions).
- **Installation:** Grab bars that feature SecureMount have a design that allows for secure installation into a stud or wood backing at any angle. When using SecureMount Anchors, there is no need for installation into a stud or wood backing.
- **Grip Surface:** Consider a grab bar with a textured surface or grip feature that provides a better hold in a wet bathroom environment.